



The Capital Area Health Alliance believes that everyone has the right to lead a healthy lifestyle and have access to affordable, quality health care resources. As a trusted regional hub, CAHA convenes conversations, provides an inclusive platform for collaboration, and brings healthcare related resources and educational opportunities to employers, businesses and area residents.

## Strategic Focus 2019-2020

### 1. Whole Person Care\*

Next Steps from CAHA 2018 Forum: *Integrating Physical & Behavioral Health Services*, [https://capitalareahealthalliance.org/2018\\_fall\\_forum.php](https://capitalareahealthalliance.org/2018_fall_forum.php). Issues include but are not limited to: integration, diverse workforce, mental health workforce, aging workforce & population, health of healthcare workers, substance use, and technology.

- Strategies:
  - a) Facilitate a *Learning Community* for organizations engaged in or planning integrated care to share ideas, innovations and solutions.
  - b) Education & Networking: bring people together on specific facets of Whole Person Care, such as multidisciplinary teams, patient/family engagement, workforce and reimbursement.

\* Whole Person Care recognizes that the best way to care for people is to consider their full spectrum of needs – medical, behavioral, socioeconomic and beyond.

### 2. Readiness for Care Collaborative

- Strategies:
  - a) Build on the Capital Area Community Nursing Network's (CACNN) focus of addressing gaps in readiness for practice and leadership training. [https://www.capitalareahealthalliance.org/capital\\_area\\_community\\_nursing.php](https://www.capitalareahealthalliance.org/capital_area_community_nursing.php)
  - b) Model emerging *Readiness for Care* collaboration: As CACNN works on *Readiness for Care* and nursing leadership initiatives, create a model for collaboration to inspire and inform efforts of other Capital Area professionals.

### 3. Address Racial & Ethnic Health Inequities

Next steps from the Healthy Lifestyles Committee Health Equity Series/Training.

- Strategies:
  - a) Build capacity to facilitate difficult yet needed conversations.
  - b) Partner with Ingham County Health Department and continue to engage in *Truth, Racial Healing & Transformation*, <https://healourcommunities.org/>.