

2018 Fall Forum

September 19

# Integrating Physical Health and Behavioral Health Services

A CAHA Forum addressing community collaboration to facilitate the integration of physical health, mental health, substance use and wellness and prevention services in the Capital Area Region

**Wednesday, September 19, 2018**

7:30 am to noon

**Eagle Eye Conference Center**

15500 Chandler Road, Bath Township, MI

**PROGRAM OUTCOME:** Participants will demonstrate increased knowledge of methods and resources to coordinate care for patients with complex physical and behavioral health needs, distinguishing between existing models of care and exploring new models that illustrate best practices to provide whole person, integrative care to individuals.

## AGENDA

**7:30 am – 8:00 am**      **Registration and Breakfast**

**8:00 am – 8:10 am**      **Welcome**

*Kathy Hollister, Executive Director, Capital Area Health Alliance*

*Sara Lurie, MS, LMSW, CAADC, CP-R, Chief Executive Officer, Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) and Board Chair, Capital Area Health Alliance*

**8:10 am – 8:25 am**      **Why Is Integration Important? View from a Patient Who Has Experienced Care in an Integrated Setting**

*Jonathan Thurston*

Objective – Participants will be able to:

- Recognize the potential impact of integrated care on patient satisfaction and outcomes.

**8:25 am – 9:05 am**      **Integrative Care Models and Outlook**

*Robert Sheehan, LMSW, MBA, CEO, Community Mental Health Association of Michigan*

Objectives – Participants will be able to:

- Describe how models to coordinate and integrate care can be utilized in care for complex patients with multiple clinical conditions related to mental and physical health.
- Increase awareness of viable models to collaborate across settings for coordination and integration of services for patients with physical health and behavioral health diagnoses.

**9:05 am – 9:40 am**      **Integration in the Capital Area**

*Matt Wojack, LMSW, ACSW Supervisor, Healthcare Integration CMHA-CEI*

Objectives – Participants will be able to:

- Name three differences between traditional behavioral health models and Primary Care Behavioral Health.
- Identify three qualities needed by staff to serve as a Behavioral Health Consultant.



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AGENDA continued

9:40 am – 9:55 am

**Break**

9:55 am – 10:45 am

**PANEL: Experience of Providers in Integrated Settings**

Moderator: *Stacy Fox-Elster, LMSW, Health Care Integration Supervisor, Adult Mental Health Services, CMHA-CEI*

Panelists:

- **Jennifer Edgar, NP-C, Ingham Community Health Centers**
- **Tressa Gardner, DO, FCOEP, FACOP, Medical Director, McLaren Greater Lansing Emergency Dept.**
- **Amy Odom, DO, Medical Director, Sparrow Family Health Center Mason**
- **Jane Turner, MD, FAAP, Pediatrician and Professor of Pediatrics and Human Development, MSU**
- **Luis Valle, MD, Birch Community Health Center**

Objectives – Participants will be able to:

- Describe the ways in which Behavioral Health Consultants are utilized in primary care settings in the Capital Area Region.
- List potential effects of integration on patient outcomes.

10:50 am – 11:40 am

**PANEL: System and Organizational Readiness for Integrative Care**

Moderator: *Jan Urban-Lurain, MPA, President, Spectrum Data and Research*

Panelists:

- **Linda Keilman, DNP, GNP-BC, FAANP, Adult Gerontology Nurse Practitioner Program Director, MSU: Complex Care Needs of Patients in Long Term Care and Home Care Settings**
- **Anne Suess, MDiv, MD, MPH, Owner and Pediatrician, Mason Pediatrics: Practicing Whole-Person Care without Behavioral Health Resources Onsite**
- **Lori Ryland, PhD, LP, CAADC, BCBA-D Director, Skywood Recovery: Dual Diagnoses**

Objective – Participants will be able to:

- Increase awareness of approaches used to provide integrative, whole-person care and address diverse patient needs in different types of healthcare settings.

11:40 am – 11:55 am

**Community Input**

*Jan Urban-Lurain, Facilitator*

Objective – Participants will be able to:

- Identify collective actions that organizations in the community can take to make whole-person, integrative care more widely available in the Capital Area Region.

11:55 am – 12:00 pm

**Next Steps, Closing and Thanks**

*Randolph Rasch, PhD, RN, FNP, FAANP, Dean and Professor, MSU College of Nursing*